



What to Expect from a Comprehensive Psychological Evaluation

A clear overview of the process, timeline, and what you can expect each step of the way.

Process

1. **The first appointment is a 90-minute clinical interview.**
During this meeting, we learn about background, development, and current concerns. At the end, we provide recommendations for next steps. This session is billed separately, so you can decide whether to move forward with the full evaluation.
2. **The second appointment is about 4-6 hours of testing.**
This may be completed in 1 or 2 sessions, depending on the individual's needs.
3. **Our psychologists may consult with other providers involved in care.**
This may include therapists, psychiatrists, doctors, dietitians, or teachers, as needed.
4. **All test data is scored, interpreted, and put together in a comprehensive report.**
The report includes diagnoses, personalized recommendations, and school or workplace accommodations.
5. **The final appointment is a 60-minute feedback session.**
We review the results together, and you will receive a copy of the report. We also answer questions and discuss next steps.

Timing

Feedback typically takes place about 2 weeks after testing.

At that time, your report will be provided and reviewed with you. Most evaluations are completed within one month, depending on availability.

Fees

The total cost for a comprehensive evaluation is \$3,000. This includes all testing to assess learning, attention, cognitive, emotional, social, and behavioral concerns.

Payment Schedule

Testing Deposit	A \$500 deposit is required at the time of scheduling the testing appointment. This is applied toward the full cost of the evaluation.
Clinical Interview	\$500 , due at the time of the interview.
Testing Appointment	\$1,000 , due on the day of testing.
Feedback Session	\$1,000 , due at the final appointment.

Payment plans may be available. Please discuss your needs with our team.

Cancellation Policy

If you need to cancel your testing appointments, please do so at least **14 days in advance** to receive a refund of your \$500 deposit. Cancellations within 14 days of the appointment are not eligible for a refund.

Private Pay Practice and Superbills

We are a private pay practice.

This means we do not bill or coordinate with insurance. Clients are responsible for the full cost of services, paid directly (“out-of-pocket”) per our financial agreement.

Superbills are available.

We can provide an itemized receipt for possible out-of-network reimbursement. We recommend contacting your insurance provider in advance to understand your benefits.

Why Don't We Take Insurance?

Choosing to pay privately for a psychological evaluation offers several benefits:

- **Privacy:** Your information stays between you and your provider. No diagnoses or notes are submitted to insurance companies.
- **Flexibility:** You do not need to wait for pre-authorization or be limited by what your insurance will approve.
- **Clarity:** You know the full cost up front, with no surprise bills or denied coverage.
- **Comprehensiveness:** Insurance often limits the time and scope of evaluations. Private pay allows for a thorough, individualized assessment process that honors the complexity of each person's mental health needs.

What to Ask Your Insurance Company

If you are considering reimbursement, here are helpful questions to ask:

- What percentage is reimbursed for out-of-network behavioral health care?
- Do I have an out-of-network deductible? If so, how much is it?
- How much of my deductible have I already met?
- Is there an “allowable amount” for behavioral healthcare (also called “reasonable and customary fees”)?

These are the Insurance Billing Codes used for a psychological evaluation:

90791, 96130, 96131, 96132, 96136, 96137

We hope this information helps you feel more prepared and confident in the process.
Please let us know if you have any additional questions.



Depth & Clarity
PSYCHOLOGY

Contact us to schedule your consultation today:
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